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8TH ANNUAL BEHAVIORAL HEALTH AND POST-ACUTE CARE SYMPOSIUM

*THEME: MENTAL HEALTH FOR ALL
BRIDGING GAPS IN AWARENESS AND SUCCESS*

American University of Health Sciences
1600 E. Hill St., Signal Hill, CA 90755
Friday, June 27, 2025



WELCOME GREETINGS



Welcome to the 8th Annual Behavioral Health & Post Acute Symposium!

Theme: Mental Health for All Bridging Gaps in Awareness and Success

In the ever-evolving landscape of healthcare, we gather once again to illuminate the path forward in behavioral health and post-acute care. This symposium stands as a beacon of innovation, collaboration, and expertise, where industry leaders and professionals unite to explore transformative solutions and best practices.

As we embark on this journey together, let us harness the power of knowledge exchange, networking, and shared experiences to drive positive change in our respective fields. From cutting-edge research to practical insights, from inspiring keynote addresses to interactive workshops, the symposium promises to be filled with learning, growth, and inspiration.

We extend our heartfelt gratitude to all our esteemed speakers, sponsors, exhibitors, the planning committee, and attendees for their invaluable contributions to this symposium. Your dedication and passion fuel the engine of progress, shaping the future of behavioral health and post-acute care.

Welcome, one and all, to a symposium brimming with possibilities, connections, and opportunities. May the next few days spark innovation, foster collaboration, and ignite a renewed sense of purpose in our shared mission to enhance the well-being of individuals and communities.

God Bless!

Let the symposium begin!

Joe Avelino

**Joe Avelino, RN, BSN,
MHSA, CPHQ
Chair**



Pastor Johnson

**Pastor Gregory Johnson
Co-Chair**



Kim Dang

**Kim Dang
Co-Chair**





SYMPOSIUM PROGRAM

8:00 AM Registration

8:30 AM Breakfast Sponsored by All Town Ambulance

START OF THE SYMPOSIUM

9:00 AM Welcome Joe Avelino, RN, BSN, MHSA, CPHQ

CEO, College Medical Center

9:10 AM Invocation Pastor Gregory Johnson, Co-Founder
American University of Health Sciences

SESSION 1: TRANSCRANIAL MAGNETIC STIMULATION (TMS)

9:20 AM to Introduction of Speakers / Moderator Gerald Maguire, MD, DLFAPA

10:45 AM Chief of Psychiatry, College Medical Center
and American University of Health Sciences

Building 3, Speakers:
Room 201 Robert Bota, M.D. Core Faculty, College Medical Center
Tina Allee, M.D. Core Faculty, College Medical Center

10:45 AM BREAK VISIT EXHIBIT HALL - BUILDING 3,
ROOM 202/203

KEYNOTE SPEAKER

11:00 AM to Introduction of KEYNOTE SPEAKER: Joe Avelino, RN, BSN, MHSA, CPHQ
12:00 PM CEO, College Medical Center

MICHAEL HUNN, CEO,

Building 3, CalOptima Health Plan – Orange County

Room 201 Topic: Community-Based Approach to Behavioral and Mental Health

12:00 PM LUNCH SPONSORED BY JOCELYN TOMAS,
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SESSION 2: MIND MATTERS: PRIORITIZING MENTAL WELL-BEING IN OUR COMMUNITIES

1:00 PM to 2:00 PM	Introduction of Speakers:	Joe Avelino, RN, BSN, MHSA, CPHQ CEO, College Medical Center
	Speakers:	
	Glareh "Gigi" Zanganeh, MSW	Homeless Court Coordinator, City Prosecutor's Office
	Grace Bescoby, MSN, RN, BSN, PHN	Mental Health Counselor, RN Long Beach Mental Evaluation Team (MET)
2:00 PM to 2:30 PM	Introduction of Speaker:	Jeanne Tapia, DNP, APRN, FNP, FACHE CNO, College Medical Center
Building 3, Room 201	Speaker:	
	Gail Evangelidi	National Alliance of Mental Illness (NAMI)
2:30 PM	BREAK	VISIT EXHIBIT HALL - BUILDING 3, ROOM 202/203

SESSION 3: CULTURAL PERSPECTIVES ON MENTAL HEALTH: CHALLENGES AND SOLUTIONS

2:45 PM to 3:30 PM	Introduction of Speaker:	Joe Avelino, RN, BSN, MHSA, CPHQ CEO, College Medical Center
	Speaker:	
	Smit Gandhi	Vice President of Operations, interface rehab inc.
3:30 PM to 4:15 PM	Introduction of Speaker:	Gerald Maguire, MD, DLFAPA Chief of Psychiatry, College Medical Center and American University of Health Sciences
Building 3, Room 201	Speaker:	
	Byron L. Smith, Sr., M.Div., M.A., D.D.	Primary Clinical Therapist Co-Chair, Committee for Empowerment Congress-LA

CLOSING REMARKS

4:15 PM to 4:30 PM	Joe Avelino, RN, BSN, MHSA, CPHQ CEO, College Medical Center	Pastor Gregory Johnson, Co-Founder American University of Health Sciences
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KEYNOTE SPEAKER



MICHAEL HUNN
Chief Executive Officer
CalOptima Health Plan – Orange County

As Chief Executive Officer of the health plan, serving one out of three residents in Orange County, California, Michael is responsible for the Mission and Vision of CalOptima Health, serving its members, managing its systems and structures as well as overall strategic business, network, financial and community planning. He oversees all aspects of the health plans' \$4.5B budget, and maintains close working relationships with the Board, members, providers, and community organizations as well as local city, county, state, and federal elected officials. Prior to joining CalOptima Health, in November 2021, Hunn was President and Founder of a healthcare and business advisory firm. He has more than 25 years of executive leadership experience in CEO/President roles with hospitals, health systems, and now with CalOptima Health. He holds a bachelor's degree in philosophy and a master's degree in systematic theology. Hunn has been an Orange County resident since 1994.

CalOptima Health is a county organized health system, established in 1994, CalOptima Health provides publicly funded health care coverage for low-income children, adults, seniors, and people with disabilities in Orange County, California. CalOptima Health's mission is to provide access to care, respecting the values and needs of each person. In total, CalOptima Health serves more than 920,000 members with a network of over 10,000 contracts throughout Orange County.

SESSION 1: TRANSCRANIAL MAGNETIC STIMULATION (TMS)



Gerald Maguire, MD, DLFAPA

Chief of Psychiatry, College Medical Center and American University of Health Sciences

Gerald A. Maguire, MD is Director of Residency Training in Psychiatry, College Medical Center. Dr. Maguire earned his bachelor's degree in Biochemistry at the University of California, Davis in 1987, and his medical degree from St. Louis University School of Medicine in 1991. He carried out his residency in Psychiatry at UC Irvine from 1991 to 1995, where he was Chief Resident his final year and later served on faculty for 20 years.



Robert Bota, M.D.

Core Faculty, College Medical Center

Robert Bota, M.D. has also served as Chair of Research for the Riverside area, Director of Medical Psychiatry Unit and TMS Clinic at University of California, Irvine where he was very involved in teaching Residents, Fellows, and Medical Students. He has a broad background in diagnosing and treating mental illness and major depressive disorder.



Tina Allee, M.D.

Core Faculty, College Medical Center

Tina Allee, M.D. is a Southern California native; she grew up in Huntington Beach, California; went to UCLA for an undergraduate degree in biochemistry and a master's degree in biochemistry and molecular biology. She earned a medical degree (MD) from Stanford University, School of Medicine; and returned back to California for specialty training in Psychiatry at UC Irvine, School of Medicine where she completed a residency in Adult Psychiatry.

SESSION 2: MIND MATTERS PRIORITIZING MENTAL WELL-BEING IN OUR COMMUNITIES



Joe Avelino, RN, BSN, MHSA, CPHQ

Chief Executive Officer, College Medical Center

Joe Avelino is currently the Chief Executive Officer at College Medical Center located at Long Beach, CA. He serves as a former Chair Elect of the Executive Board for the Hospital Association of Southern California; Board of Director, current Executive Vice-President for the United Hospital Association; former Board of Director for the American College of Healthcare Executive (ACHE) of Southern CA, and former Board of Director of the Southern California Healthcare Financial Management Association (HFMA).



Jeanne Tapia, DNP, APRN, FNP, FACHE

Chief Nurse Officer, College Medical Center

Jeanne A. Tapia, a Fellow of the American College of Healthcare Executives (FACHE), brings extensive experience in healthcare leadership and regulatory compliance. With a strong foundation in nursing leadership, Jeanne has served as Chief Nursing Officer at College Medical Center, where she oversees nursing operations and contributes to quality patient care initiatives.



Glareh "Gigi" Zanganeh, MSW

Homeless Court Coordinator, City Prosecutor's Office

Gigi Zanganeh has more than 15 years of experience in the field of health and human services, including extensive experience in client connections to resources and building programs for the chronically homeless. Ms. Zanganeh currently works as an MSW embedded in the Long Beach City Prosecutor's Office and oversees several diversion programs, including Homeless Court and Law Enforcement Assisted Diversion.



Gail Evangelidi

Gail Evangelidi is a righteous advocate and mentor to professionals and families who are considering or seeking conservatorship of a loved one. Gail has written a tutorial titled "LPS Conservatorship Information (March 2020)" this tutorial explains in detail the application process and gives clear examples of how to make a strong case in writing. Gail offers free workshops on LPS Conservatorship, and is affiliated with National Alliance of Mental Illness (NAMI).

SESSION 3: CULTURAL PERSPECTIVES ON MENTAL HEALTH CHALLENGES AND SOLUTIONS



Joe Avelino, RN, BSN, MHSA, CPHQ

Chief Executive Officer, College Medical Center

Joe Avelino is currently the Chief Executive Officer at College Medical Center located at Long Beach, CA. He serves as a former Chair Elect of the Executive Board for the Hospital Association of Southern California; Board of Director, current Executive Vice-President for the United Hospital Association; former Board of Director for the American College of Healthcare Executive (ACHE) of Southern CA, and former Board of Director of the



Gerald Maguire, MD, DLFAPA

Chief of Psychiatry, College Medical Center and American University of Health Sciences

Gerald A. Maguire, MD is Director of Residency Training in Psychiatry, College Medical Center. Dr. Maguire earned his bachelor's degree in Biochemistry at the University of California, Davis in 1987, and his medical degree from St. Louis University School of Medicine in 1991. He carried out his residency in Psychiatry at UC Irvine from 1991 to 1995, where he was Chief Resident his final year and later served on faculty for 20 years.



Smit Gandhi

Vice President of Operations, interface rehab inc.

As a Physical Therapist, Smit Gandhi has been dedicated to the Skilled Nursing Facility (SNF) setting and working with geriatric and cognitively impaired patients since 2001.

Currently, Smit serves as the Regional Vice President of Operations at interface rehab, inc., a company offering comprehensive rehabilitation services—including Physical, Occupational, and Speech Therapy—and consultation services on a long-term contractual basis to various medical settings across California and Nevada. Smit is a Certified Alzheimer's Disease and Dementia Care Trainer and a Certified Dementia Practitioner through the National Council of Certified Dementia Practitioners.



Byron L. Smith, Sr., M.Div., M.A., D.D.

Primary Clinical Therapist

Committee for Empowerment Congress - LA

Adjunct Professor, Antioch University & Azusa Pacific University

Bishop Byron L. Smith's passion is to assist in bringing stakeholders and the community together for transformative change around mental health, faith, policy development and training. He is fondly referred to as "Bishop Byron" and a pastor for Gethsemane Missionary Baptist Church in Los Angeles, CA. He currently serves as a member of the Empowerment Congress, Safer Streets in Los Angeles, LA County Faith Collaborative and the Faith Collaborative on Homelessness.

SYMPOSIUM TOPIC DESCRIPTIONS



KEYNOTE: A COMMUNITY-BASED APPROACH TO BEHAVIORAL AND MENTAL HEALTH FILLING THE GAPS IN CARE

FRIDAY, JUNE 27, 2025 | 11:00 AM - 12:00 PM

Michael Hunn

CEO, CalOptima Health Plan – Orange County

To serve member health with excellence and dignity, respecting the value and needs of each person. Provides all members with access to care and supports to achieve optimal health and well-being through an equitable and high-quality health care system.

SESSION 1: TRANSCRANIAL MAGNETIC STIMULATION (TMS) BRAIN HEALTH SOLUTIONS: THE FORGOTTEN HALF OF THE TRUTH

FRIDAY, JUNE 27, 2025 | 9:20 AM - 10:45 AM

Robert Bota, M.D.

Core Faculty, College Medical Center

Tina Allee, M.D.

Core Faculty, College Medical Center

Understanding the Science of Neural Activity and Non-Invasive Brain Stimulation and why Brain Waves Matter. This discussion will define how TMS can increase alpha waves and anxiety treatment to promote relaxation. The primary objective of the study is to assess the efficacy of MNS with SAINT® in the treatment of MDD as measured by the CGI-I score at cessation of stimulation.

SESSION 2: MIND MATTERS PRIORITIZING MENTAL WELL-BEING IN OUR COMMUNITIES

FRIDAY, JUNE 27, 2025 | 1:00 PM - 2:30 PM

Glareh "Gigi" Zanganeh, MSW

Homeless Court Coordinator, City Prosecutor's Office

Grace Bescoby, MSN, RN, BSN, PHN

Mental Health Counselor, RN

Long Beach Mental Evaluation Team (MET)

This collaborative approach aims to provide appropriate support, de-escalate situations, and connect individuals with necessary mental health services that divert individuals away from the traditional criminal justice system and towards support services, particularly for those with unmet behavioral health needs or those experiencing poverty.

Gail Evangelidi

"A Mother's Journey Learning About Serious Mental Illness"

Understanding a parent's journey how to support and understand their child with a mental illness condition that can cause self-harm. Studies have shown that recovery is possible with treatment and help and support from their families.

SESSION 3: CULTURAL PERSPECTIVES ON MENTAL HEALTH CHALLENGES AND SOLUTIONS

FRIDAY, JUNE 27, 2025 | 2:45 - 4:15 PM

Smit Gandhi, PT, MPT, RAC-CT, CADDCT, RVPO

Rebuilding Memories:

Rehabilitation Strategies Across Dementia's Spectrum

In dementia care, it is crucial to identify and address the multifaceted needs and priorities of both patients and caregivers. This includes managing the patient's cognitive and physical health, ensuring their safety, and supporting their daily activities. For caregivers, it involves providing emotional support, education on dementia care, and resources to maintain their own health and well-being. By addressing these comprehensive needs, Rehab Services can enhance the quality of life for both patients and caregivers.

Byron L. Smith, Sr., M.Div., M.A., D.D.

Strengthening the Safety Net:

Supporting Adolescent Mental Health in a Digital and Disconnected Age

In an age of digital saturation and increasing social fragmentation, adolescent mental health has reached a state of national crisis. This presentation equips medical doctors and mental health clinicians with a clinically grounded, equity-driven, and developmentally informed roadmap to support adolescent well-being.



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- Patients who need short term assistance after hospital discharge.
- Chronically ill, terminally ill, or permanently disabled who wish to remain at home.
- Elderly, who due to illness or disability, need assistance in their home.



Non-Discriminatory Policy

Partners Hospice Quality Care, LLC is an equal opportunity employer and does not discriminate against any person on basis of race, color, national origin, disability or age in admission, treatment, or participation in its programs, services, and activities, or in employment.

It is the policy of Partners Hospice Quality Care, LLC to admit and treat all patients regardless of race, national origins, age, religion, color, disability or sexual orientation.

TITLE VI of the Civil Rights Act of 1964

SECTION 504 of the Rehabilitation Act of 1973

AGE DISCRIMINATION ACT OF 1973



OFFICE HOURS:

Monday - Friday
9:00 AM to 5:00 PM

317 W. La Habra Blvd. Suite 200
La Habra, CA 90631

CONTACT US:

Tel: (562) 245-7580
Fax: (562) 286-8407
Mobile/Text: (562) 578-3813

Email:
partnershospicequalitycare@gmail.com

Website:
www.partnershospicequalitycarellc.com



**PARTNERS HOSPICE
QUALITY CARE, LLC**

"Your Partners in comfort."

Accredited by:



**ON-CALL STAFF
IS AVAILABLE
24/7**

Why Choose Hospice Care

When someone you love is facing a life threatening illness, Hospice Care is considered for quality, compassionate care at the end of life. Support is extended to patient's love ones, as well.

Meet Our Partners Hospice Care Team

Hospice care is provided by a team of specialists that may include:

- Hospice Medical Director
- Hospice RN, LVN, & Aide
- Social Workers
- Chaplain, Spiritual Counselors
- Volunteers & others

Who is Eligible for Hospice Care?

Must be entitled to Part A of Medicare; or must be a Medi-Cal beneficiary or covered by a private insurance.

Who Pays for Hospice Care?

Medicare, private health insurance, and Medicaid cover hospice care for patients who meet eligibility criteria. As with any healthcare program, there may be co-pays and deductibles that families pay to receive care.

About Us

VISION

Our vision is that Partners Hospice will be recognized throughout our community as an innovative leader in hospice care.

MISSION

To provide quality care for patients with life threatening illness and support for their loved ones.

MISSION

Our guiding principles to meet our goals are:

- Honesty & Integrity
- Accountability & Transparency
- Respect & Dignity
- Compassion & Excellence

"Your Partners in comfort."

Our Services

To Patients:

Hospice medical director works with patient's referring physician for the medical direction of patient's care.

Home Care Visits by registered nurses and licensed practical nurses to monitor patient's conditions and to provide appropriate care.

Medical Social Worker offers counseling for family members and provide resources for a variety of community services.

Home health hospice aide & homemaker attending to the patients' personal needs and homemaker services.

Bereavement counseling support provided to individuals who are grieving the loss of a loved one, typically after death.

To Family:

- > Provide emotional and spiritual counseling
- > Respite care education
- > Bereavement support



WELCOME TO ARTESIA PALMS CARE CENTER

Welcome to Artesia Palms Care Center in Artesia, California. We are your choice for 24-Hour skilled nursing and short-term rehabilitation in Los Angeles County. Allow our team of professionals to care for you after a surgery, illness, or injury today. On our facility's 4 acres, we have a secured unit for our patients in need. We invite you to tour our facility, we can't wait to make you part of our family.

HOME-LIKE ENVIRONMENT

We strive to make your stay as pleasant as if you were at home. You are welcome to bring the comforts of home with you for your stay, or simply let us know how we can help you. Our semi-private rooms provide you with the comfort and privacy you need to heal.

NURSING SERVICES, REHABILITATION, ACTIVITIES AND SOCIAL SERVICES

Our highly skilled nurses provide the best quality of care. We offer Physical, Occupational, and Speech therapies here at Artesia Palms Care Center. A positive and uplifting atmosphere filled with opportunities to socialize and be active can greatly impact your road to recovery. Our social service team assists both you and your family during the transitional periods you will experience.

Artesia Palms Care Center:

Tel: (562) 865-0271, Fax: (562) 860-7799

Admissions Tel: (909) 827-0943, Admissions Fax: (562) 348-4783

11900 Artesia Boulevard, Artesia CA 90701

D & R RETIREMENT INCOME SERVICES



SENIOR ASSOCIATES

Ramona Burdeos, RN, BSN

Dominique Nelson, RN, BSN

15375 Barranca Pkwy Bldg L, Irvine CA 92618

562-704-4541

951-376-9300

ADDITIONAL EXHIBITORS AND SPONSORS



SIMH
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**Johnson
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TOLWIN PSYCHIATRIC MEDICAL GROUP INC

**DR. CONCEPCION
MANGASEP, MD**

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GESSESSE**

DR. DANIEL NIKNAM AND DR. JAMSHID NIKNAM

**JUDEN VALDEZ
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**DR. ANURAG
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SVP / COO and Provost / CNA
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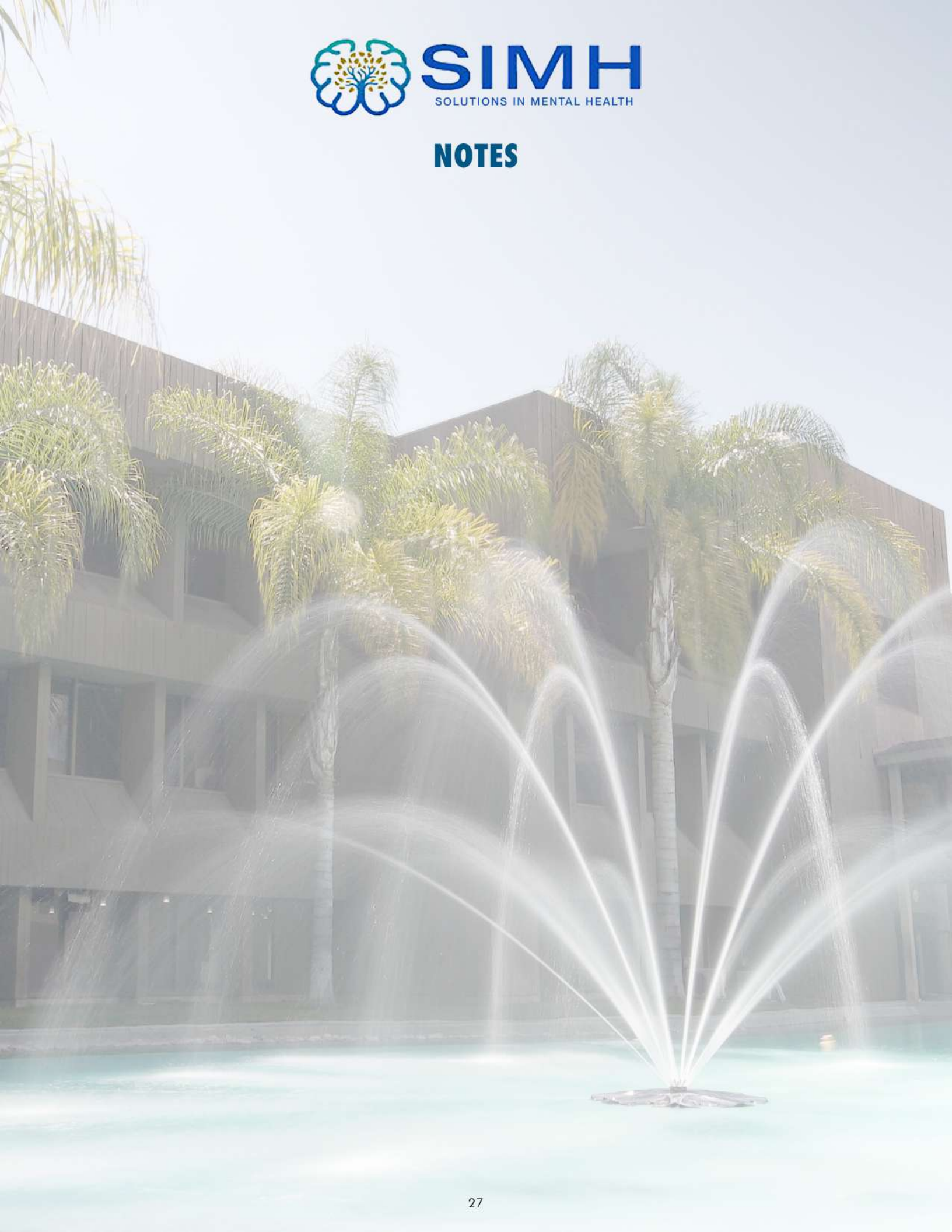
Nancy Hernandez
Executive Assistant
CMC



Renchelle Ambayec
Executive Assistant
AUHS



NOTES





SIMH
SOLUTIONS IN MENTAL HEALTH

8TH ANNUAL BEHAVIORAL HEALTH AND POST-ACUTE CARE SYMPOSIUM

*THEME: MENTAL HEALTH FOR ALL
BRIDGING GAPS IN AWARENESS AND SUCCESS*

American University of Health Sciences
1600 E. Hill St., Signal Hill, CA 90755
Friday, June 27, 2025

